



December 2025

Dear Families,

We are writing to raise awareness about Young Carers within our school community and to ensure that every child who may be taking on additional responsibilities at home receives the understanding and support they deserve.

A young carer is a child or young person who helps to look after a family member who has a disability, long-term illness, mental-health condition, or issues with alcohol or substance misuse. These responsibilities can include household tasks, helping with personal care, managing siblings, or providing emotional support. While many Young Carers take pride in their role, it can sometimes affect their wellbeing, attendance, or ability to fully engage in school life.

If you believe your child may be a young carer, or if you would like to speak with someone for further information or support, please contact our school's Young Carers Lead:

Ms Hicks – Young Carer Champion

Email: holly.hicks@ebbsfleet.latrust.org.uk

Phone: 01322242252

Ms Ramsay – Young Carer Champion

Email: beatrice.ramsay@ebbsfleet.latrust.org.uk

Phone: 01322242252

Our Young Carer Champions can offer a confidential conversation and help connect your child with appropriate support both in school and through external services.

We also work closely with Imago Young Carers, an organisation that provides guidance, practical help, and activities for Young Carers across the region. Further information, resources, and referral details can be found on their website:

www.imago.community (navigate to the Children & Young People – Young Carers section)

If you have any concerns about your child or wish to discuss whether they may benefit from additional support, please do not hesitate to get in touch. Working together, we can ensure every young carer in our school is recognised and supported.

Thank you for your continued partnership.

Yours sincerely,

Ms H Hicks

Inclusion Manager and Deputy Designated Safeguarding Lead