

Ebbfleet Academy

Luncheon Menu
September 2025



Leigh Academy
Ebbfleet



Ebbsfleet Autumn / Winter 2025/2026 Menu

Monday

WORLD
FOOD
DAY

Chilli Con-Carne
with Nachos

Swedish Style
Meat-less balls
with Mash & Peas

Daily Fresh Pizza
Pasta Pot

Please See
Todays
'STREET FOOD'
MENU

Crunchy Salad
Garden Peas

'OLD SCHOOL'
Iced Sprinkle
Sponge & Custard

Tuesday



Cajun Chicken
Quesadilla

Vegetable Fajita
with TEX-MEX
Wedges

Daily Fresh Pizza
Pasta Pot

Please See
Todays
'STREET FOOD'
MENU

Crunchy Salad
Rainbow
Coleslaw

'TODAY'S
TASTY DESSERT

Wednesday



Spaghetti Bolognaise
Box Crusty Garlic
Bread

Vegetable & Cheese
Rigatoni
with Salad

Daily Fresh Pizza
Pasta Pot

Please See
Todays
'STREET FOOD'
MENU

Crunchy Salad
Seasonal
Vegetables

Jam Roly Poly
& Custard

Thursday

ROAST
DINNER

Roast Beef
Yorkshire Pudding
Roast Potatoes & Gravy

Meat-Free
Sausage & Onions
with Mashed Potato &
Gravy

Daily Fresh Pizza
Pasta Pot

Please See
Todays
'STREET FOOD'
MENU

Crunchy Salad
Seasonal
Vegetables

Spiced Apple
Crumble
& Toffee Sauce

Friday



Battered Fish
with Chunky Chips

Fish-Less
Finger & Salad
Wrap

Daily Fresh Pizza
Pasta Pot

Fish
Butty
in soft
Bread Roll

Mushy Peas
Crunchy Salad

Dessert of the
Day

Served with
Salad



Week 1



Allergy Aware



Leigh Academy
Ebbsfleet

Ebbsfleet Autumn / Winter 2025/2026 Menu



**KEEP
CALM
IT'S
CURRY
DAY**

Chicken Tikka
Rice Box

Kashmiri Vegetable
Biryani
on Garlic Naan

Daily Fresh Pizza
Pasta Pot

Please See
Todays
'STREET FOOD'
MENU

Crunchy Salad
Crunchy
Coleslaw

Iced Lemon
Drizzle Sponge
& Custard

Tuesday



Mince Beef, Potato
& Onion Pie

Cheese &
Onion Flan

Daily Fresh Pizza
Pasta Pot

Please See
Todays
'STREET FOOD'
MENU

Crunchy Salad
Seasonal
Vegetables

Jam & Coconut
Sponge
with Custard

Wednesday



Buffalo Chicken
Tasty Rice
& Salad Box

Spicy Bean
Enchilada
Salad & Relish

Daily Fresh Pizza
Pasta Pot

Please See
Todays
'STREET FOOD'
MENU

Crunchy Salad
Seasonal
Vegetables

Chocolate Orange
Cake & Custard

Thursday

**ROAST
DINNER**

Roast Turkey
Seasoning
& Gravy

Quorn & Mushroom
Stroganoff

Daily Fresh Pizza
Pasta Pot

Please See
Todays
'STREET FOOD'
MENU

Crunchy Salad
Seasonal
Vegetables

Banoffee Muffin
& Toffee Sauce

Friday

**FISH & CHIP
FRIDAYS**

Battered Fish with
Chunky Chips

Fish-Less
Finger & Salad
Butty

Daily Fresh Pizza
Pasta Pot

Fish
Butty
in soft
Bread Roll

Mushy Peas
Crunchy Salad

Dessert of the
Day

Served with
Salad



Week 2

Allergy Aware



Leigh Academy
Ebbsfleet

Ebbsfleet Autumn / Winter 2025/2026 Menu

Monday

JUSTFOOD

Hunters
Chicken

Cheese - Onion
and Potato Pie

Daily Fresh Pizza
Pasta Pot

Please See
Todays
'STREET FOOD'
MENU

Crunchy Salad
Seasonal
Vegetables

'OLD SCHOOL'
Chocolate Sponge
& Custard

滷味閣
East Taste

Peri-Peri Chicken
Bea Bun

Korean
Vegetable
Noodles

Daily Fresh Pizza
Pasta Pot

Please See
Todays
'STREET FOOD'
MENU

Crunchy Salad
Oriental
Vegetables

'TODAY'S
TASTY DESSERT

Wednesday

HALFDAY

Beef Lasagne
Garlic Bread

Crispy Vegetable
Cheeseburger

Daily Fresh Pizza
Pasta Pot

Please See
Todays
'STREET FOOD'
MENU

Crunchy Salad
Cheesy Coleslaw

Lemon Drizzle
Muffin

Thursday

ROAST
DINNER

Roast Gammon
Gravy
Roast Potatoes

Quorn &
Vegetable Pie

Daily Fresh Pizza
Pasta Pot

Please See
Todays
'STREET FOOD'
MENU

Crunchy Salad
Seasonal
Vegetables

Spiced Apple
Crumble
& Toffee Sauce

Friday

FISH & CHIP
FRIDAYS

Battered Fish with
Chunky Chips

Fish-Less
Finger & Salad
Wrap

Daily Fresh Pizza
Pasta Pot

Fish
Butty
in soft
Bread Roll

Mushy Peas
Crunchy Salad

Dessert of the
Day

Served with
Salad

1 of your
5
a day

Week 3

Allergy Aware



Leigh Academy
Ebbsfleet





Chicken Gyro

White Flatbread - Fortified Flour [**WHEAT** flour, **GLUTEN** Calcium Carbonate (E170), Iron, Nicotinamide (Vit B3), Thiamine Hydrochloride (Vit B1)], Water, Yeast, Sugar, Supersoft-B [WHEAT Flour (Statutory Additives- Calcium Carbonate, Niacin, Iron, Thiamine), Carrier: Calcium Sulphate (E516)], Salt.

Seasoned Chicken - Chicken Breast (93%), Water, Rice Starch, Salt, Dextrose, D-xylose, Maltodextrin, Stabilisers (Sodium Bicarbonate), Acidity Regulators (Trisodium Citrate).

Plain Yoghurt - Organic Whole **MILK** Natural Yogurt.

Garlic Paste - Garlic (98%), Acidity Regulator: Citric acid.

Mixed Herbs - Marjoram, Thyme, Parsley, Basil, Savory.

Salad – Lettuce – Cherry Tomatoes – Red Onion – Cucumber

CONTAINS – **WHEAT, GLUTEN, MILK**

MAY CONTAIN – Barley, Oates, Rye, **SOYA**

Greek Chicken & Salad Gyro

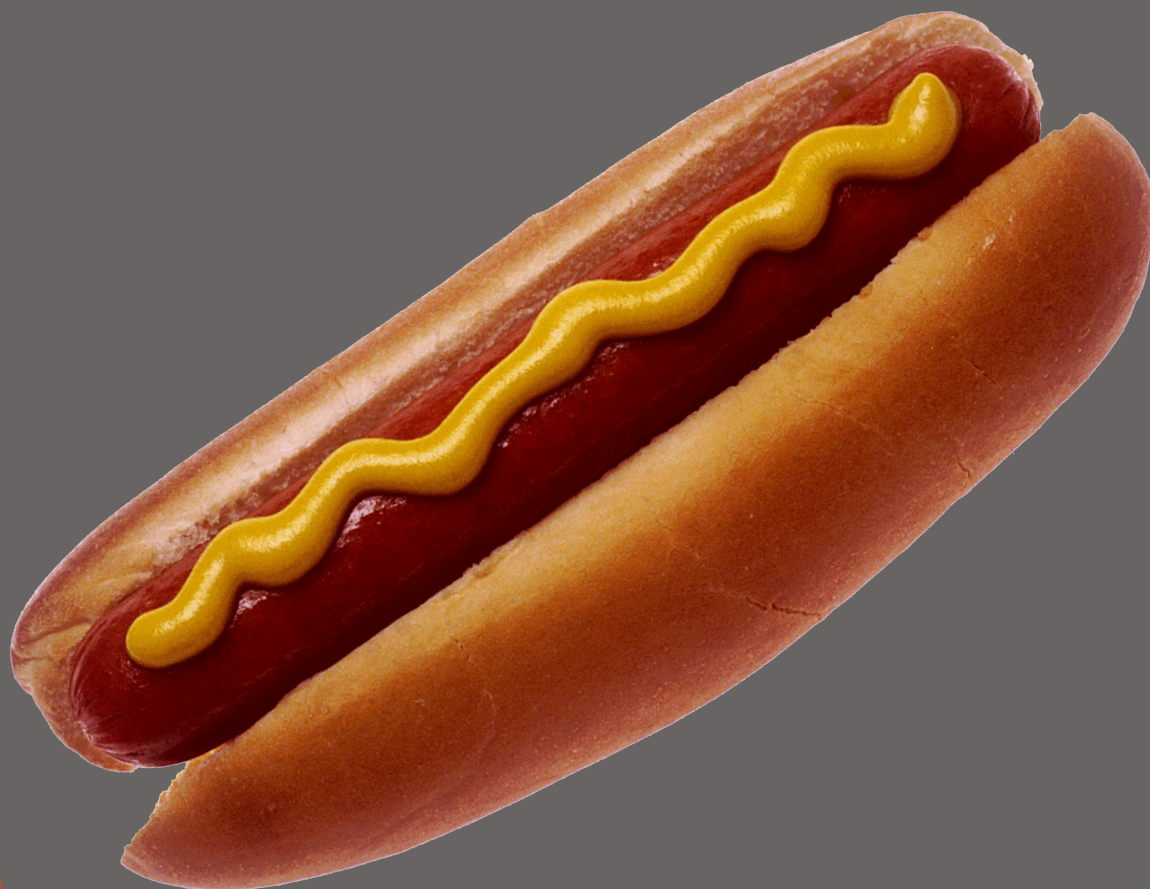
£2.25



Street Food



Leigh Academy
Ebbsfleet



New York Jumbo Hot Dog

Hot Dog Roll- WHEAT Flour, GLUTEN (with Calcium, Iron, Niacin, Thiamin), Water, Sugar, Yeast, Palm Oil, Salt, Rapeseed Oil, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).

Hot Dog Sausage- Water, Pork (27%) , WHEAT Flour, GLUTEN (with Calcium, Iron, Niacin, Thiamin), Pork Rind, Beef Fat, Beef (3%), Pork Fat, Salt, Dextrose, Raising Agent (Ammonium Carbonate), Beef Connective Tissue, Yeast Extract, Stabiliser (Pentasodium Triphosphate), Sugar, Spices (Black Pepper, Ginger, Nutmeg), Preservative (SODIUM SULPHITE), Spice Extracts (Coriander, Nutmeg, Pepper), Antioxidant (Sodium Ascorbate), Herb Extract (Sage). filled into Beef Collagen Casing (Beef Collagen, Water, Cellulose).

Fried Onions- 100% Onion

Tomato Ketchup- Water, Tomato Paste (25%), Glucose-Fructose Syrup, Spirit Vinegar, Sugar, Modified Maize Starch, Salt, Acidity Regulator (Citric Acid), Preservative (Potassium Sorbate), Flavouring.

Mustard- Water, Glucose-Fructose Syrup, MUSTARD Flour (10%), Acidity Regulator (Acetic Acid), Mustard Bran (3%), Salt, Turmeric, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Pimento, Natural Flavouring, Sweetener (Sodium Saccharin).

CONTAINS – WHEAT, GLUTEN, MILK, SULPHITES >10ppm

MAY CONTAIN – SESAME

£2.25

New York 'Jumbo' HOT DOG



Buttermilk Chicken Wrap

Buttermilk Chicken Goujons - Chicken Breast (61%), WHEAT Flour, Palm Oil, Water, Modified Tapioca Starch, Tapioca Starch, Potato Starch, Salt, Buttermilk Powder, Maize Starch, Garlic Powder, Whole MILK Powder, WHEAT GLUTEN, Raising Agent(Disodium Diphosphate, Sodium Bicarbonate), Onion Powder, Black Pepper, Yeast Extract, Acidity Regulator(Citric Acid, Lactic Acid, Calcium Lactate), Thyme, White Pepper, Thickener(Xanthan Gum), Flavouring.

Flour Tortilla - WHEAT Flour, GLUTEN (with Calcium, Iron, Niacin, Thiamin), Water, Palm Oil, Palm Stearin, Rapeseed Oil, Sugar, Raising Agents(Sodium Bicarbonate, Disodium Diphosphate), Acidity Regulator(Malic Acid), Salt.

Salad – Lettuce, Tomato, Cucumber

CONTAINS – WHEAT, GLUTEN, MILK, Maize

MAY CONTAIN – SESAME

£2.25

Buttermilk Chicken Wrap



Street Food



Leigh Academy
Ebbsfleet



Crispy Chicken Cheeseburger

Chicken Steak Burger - Chicken (56%), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Durum WHEAT Semolina, Rice Flour, WHEAT Starch, WHEAT, GLUTEN, Rapeseed Oil, Salt, Yeast, Dextrose, Pea Fibre, Stabiliser (Triphosphates), Onion Powder, Sugar, Yeast Extract, Garlic Powder, White Pepper, Sage.

Burger Bun - WHEAT Flour, GLUTEN Calcium Carbonate, Niacin, Iron, Thiamin), Water, Sugar, Yeast, Palm Oil, Salt, Rapeseed Oil, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).

Salad – Lettuce, Tomato, Cucumber

Cheese Slice - Cheddar Cheese(MILK).

CONTAINS – WHEAT, GLUTEN, MILK, Maize

MAY CONTAIN – SESAME

£2.25

Crispy Chicken Cheeseburger



Teriyaki Chicken Bao Bun

Chicken Breast Strips- Chicken Breast, Modified Tapioca Starch, Salt, Stabiliser (Pentasodium Triphosphate).

Teriyaki Sauce - Sugar, SOYA Sauce 30% (water, salt, SOYBEANS 12%, WHEAT flour). Water, Rice Vinegar (water, rice, sugar, salt). Tomato Paste, Rice Wine, Corn Starch, Ginger, Onions, Garlic Powder.

Bae Bun - WHEAT Flour, GLUTEN, Water, Corn Starch, Sugar, Fully Refined Soybean Oil, Yeast, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate, Mono Calcium Phosphate), Salt, Tapioca Starch.

Peppers – Peppers 100%

Salad – Lettuce, Tomato, Cucumber, Spring Onion

CONTAINS – WHEAT, GLUTEN, SOYA

MAY CONTAIN – SESAME

Teriyaki Chicken Bae Bun

£2.25



Jumbo 'COD-DOG Fish Finger & Salad Roll

Battered Fish Finger- Cod (52%) [Cod Fillet (46%) (**FISH**), Minced Cod (6%) (**FISH**), Water, Salt], Fortified Wheat Flour and **WHEAT** Flour Blend [Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)), **WHEAT** Flour], Water, Sunflower Oil, Rapeseed Oil, Palm Oil, **WHEAT** Starch, Salt, Flavourings, **MUSTARD** Flour, Maize Flour, Raising Agents (Diphosphates, Sodium Bicarbonate), Dextrose, **WHEAT GLUTEN**, Dried Skimmed **MILK**, Colours (Curcumin, Capsanthin), Chilli Powder.

Finger Roll - **WHEAT** Flour **GLUTEN** (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Sugar, Yeast, Palm Oil, Salt, Rapeseed Oil, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).

Salad – Lettuce, Tomato, Cucumber, Red Onion

Mayonnaise - Water, Rapeseed Oil, Sugar, Spirit Vinegar, Modified **Maize** Starch, **EGG** Yolk Powder (1.5%), Salt, Stabiliser(Xanthan Gum), Acidity Regulator(Acetic Acid), Lactic Acid, Preservative(Potassium Sorbate), Colour(Mixed Carotenoids).

CONTAINS – **WHEAT, GLUTEN, FISH, MUSTARD, MILK, EGG**

MAY CONTAIN – **SESAME**

Jumbo Fish Finger & Salad Wrap

£2.25



Crispy Chicken Cheeseburger

Vegetable Burger- WHEAT GLUTEN

Flour(WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Carrot (11%), Peas (10%), Sweetcorn (9%), Onion (8%), Red Pepper (6%), Dried Potato, Green Beans (4.5%), Rapeseed Oil, Leek (3%), Cauliflower Florets (2.5%), Potato, Salt, Yeast, Sugar, Yeast Extract, Garlic Powder, Onion Powder, Tomato Powder, Red Pepper Powder, Parsley, Sage, Flavouring, White Pepper, Black Pepper Extract, Sage Extract.

Wholemeal Burger Bun – Wholemeal WHEAT Flour, GLUTEN, Water, Palm Oil, Yeast, SOYA Flour, Salt, WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).

Salad – Lettuce, Tomato, Cucumber

Mayonnaise - Water, Rapeseed Oil, Sugar, Spirit Vinegar, Modified Maize Starch, EGG Yolk Powder (1.5%), Salt, Stabiliser(Xanthan Gum), Acidity Regulator(Acetic Acid), Lactic Acid, Preservative(Potassium Sorbate), Colour(Mixed Carotenoids).

CONTAINS – WHEAT, GLUTEN, EGG, SOYA, Maize

MAY CONTAIN – SESAME

Crispy Crumb Veggie-burger

£2.25



Shepherd's Pasty

Pasty –

Filling (Water, Potato (20%), Lamb (16%), Onion, Potato Flake, Carrot (4%), Swede (4%), Modified **Maize** Starch, Salt, Stabiliser (Hydroxypropyl Methyl Cellulose), Yeast Extract, **Barley** Malt Extract, White Pepper, Rosemary, Thyme),

Puff Pastry (**WHEAT** Flour, **GLUTEN**, [**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin], Pastry Margarine [Palm Oil, Water, Rapeseed Oil, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids)], Water), Glaze (Water, Wheat Protein, Natural Colour [Carotenes]).

CONTAINS – **WHEAT**, **GLUTEN**, **Barley**, **Maize**

MAY CONTAIN – **MILK**

Flaky Shepherd's Pasty

£1.95



Cheese & Onion Pasty

Pasty –

Filling (Water, Onion (16%), White Mature Cheddar Cheese (**MILK**)(12%), Potato (12%), Whipping Cream (**MILK**), Modified **Maize** Starch, Garlic, Potato Flake, Salt, Stabiliser(Hydroxypropyl Methyl Cellulose), Onion Powder, Yeast Extract),

Puff Pastry - (**WHEAT** Flour, **GLUTEN**, [**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin], Water, Palm Oil, Rapeseed Oil, Salt, Emulsifier(Mono- and Diglycerides of Fatty Acids)), Glaze (Water, **WHEAT** Protein, Colour [Carotenes]).

CONTAINS – **WHEAT, GLUTEN, Maize**

MAY CONTAIN – **MILK**

Cheese & Onion Pasty

£1.95



Sticky BBQ Chicken & Salad Wrap

Barbeque Chicken Wrap

Buttermilk Chicken Goujons - Chicken Breast

(61%), WHEAT Flour, Palm Oil, Water, Modified Tapioca Starch, Tapioca Starch, Potato Starch, Salt, Buttermilk Powder, Maize Starch, Garlic Powder, Whole MILK Powder, WHEAT GLUTEN, Raising Agent(Disodium Diphosphate, Sodium Bicarbonate), Onion Powder, Black Pepper, Yeast Extract, Acidity Regulator(Citric Acid, Lactic Acid, Calcium Lactate), Thyme, White Pepper, Thickener(Xanthan Gum), Flavouring.

Flour Tortilla - WHEAT Flour, GLUTEN (with Calcium, Iron, Niacin, Thiamin), Water, Palm Oil, Palm Stearin, Rapeseed Oil, Sugar, Raising Agents(Sodium Bicarbonate, Disodium Diphosphate), Acidity Regulator(Malic Acid), Salt.

Sticky Barbeque Sauce - Water, Sugar, Tomato Paste, Glucose-Fructose Syrup, Modified Starch, Acidity Regulator (Acetic Acid, Citric Acid), Spice Blend (Salt, Paprika, Garlic, Onion, Black Pepper, Cayenne), Apple Juice Concentrate, Caramelised Sugar Syrup, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), BBQ Flavouring, Smoke Flavouring.

Salad – Lettuce, Tomato, Cucumber

CONTAINS – WHEAT, GLUTEN, MILK, Maize

MAY CONTAIN – SESAME

£2.25



Street Food



Leigh Academy
Ebbsfleet



Hot & Cheesy Nachos

Tortilla Corn Chips - Maize Flour, Sunflower Oil, Salt.

Nacho Cheese Sauce - Reconstituted Skimmed **MILK**, Water, Cheese Powder (6%) (**MILK**, Emulsifier (Disodium Phosphate), Salt, Colour (Paprika), Starter Culture, Rennet), Cheese (5%) (**MILK**, Potato Starch, Salt, Rennet, Starter Culture), Modified **Maize** Starch, Vegetable Oil (Palm), Tapioca Starch, Vegetable Stock Powder (Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, Tomato, Lovage, Sunflower Oil), Salt, Acidity Regulator (Trisodium Citrate), Chilli Powder, Emulsifier (**SOYA** Lecithin), Colour (Beta-Carotene).

Tomato Salsa- Tomatoes (41%), water, onion (8%), mixed peppers (8%), tomato purée (7%), spirit vinegar, sugar, modified maize starch, green jalapeño peppers, salt, dried garlic, dried chillies, coriander.

Jalapeños – Water, Jalapeño Chilli, Salt, Acidity Regulator(Acetic Acid), Preservative(Potassium Sorbate), Firming Agent(Calcium Chloride).

CONTAINS – **SOYA, MILK, Maize**

MAY CONTAIN –

Hot 'n' Chilli Cheesy Nachos

£2.25



Street Food



Leigh Academy
Ebbsfleet



Pasta Pot

Pasta: WHEAT Flour, GLUTEN (WHEAT), Semolina 100%

SAUCE FILLING – Tomato 100%, Garlic Puree – Garlic 98%, Acidity

Regulator:

Citric acid, Mixed Herbs - Marjoram, Thyme, Basil, Parsley, Savoury

PLEASE ASK A MEMBER OF STAFF ABOUT THE ALLERGENS!

IN TODAYS FILLINGS

CONTAINS – **GLUTEN, WHEAT**

MAY CONTAIN – **MUSTARD, SOYA**

Pasta Pot

£2.10



Pinnacle Catering Team



Leigh Academy
Ebbsfleet



Name - Elaine
**Title - Catering
Co-ordinator**



Name - Kate
**Title -Catering
Supervisor**



Name - Louren
**Title - Catering
Assistant**



Name - Naiade
**Title - Catering
Assistant**



Name - Elise
**Title - Catering
Assistant**

Mid-Morning Breakfast Menu

